

# **RESET for Kids and Families**

Givens:

- All stories/verses taken out of Luke.
- Every week: show pics to illustrate point in large group

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## **The Family Guide**

### **What is it?**

- Large – maybe sketchbook size?
- Contains stuff to easily do sitting around table.
- Places to record in book – short short – as a family journal.
- Opportunities for all to engage.
- Parent tips – general and specific to this journey.
- Can be done sitting around kitchen table in as little as 5-10 minutes
- One book per family – everyone works out of same book.
- Distributed from the classrooms, or on way into auditorium, or mail to families

**Intro (2 pages)** Basic parenting stuff: special plate, breakfast for dinner, encouraging words . . . Overview of how to use the guide. All that is needed: pencil or pen – can also use markers/colored pencils.

### **Each week contains 6 pages:**

- **Set it up (1 page)**
  - **Short intro to week** – main point for week
  - **Simple Idea or stuff to do as family** – and place to record what they did/reactions.
- **Unfinished Picture (3 pages)** – and prompts to complete it. Prompts would be written along the outside edges of the page – so no matter where you are sitting around the book – you can read at least one prompt (without having to read upside down). There will be 3 pictures each week, but they would all have the same prompts around them.
  - **Draw it:** some stuff filled in, but child can complete some elements of picture
  - **Draw it more:** less stuff is filled in giving an older child or kid who likes to draw more opportunity for creativity
  - **On your own:** basically blank canvas
- **Challenge (1 page):** The weekly Parent Page that is distributed on the weekend will have challenges for each age group. This page will have various rectangles where kids could cut out their challenge and glue or tape it to this page. Also small areas where they could write how their challenge went
- **What if . . . (1 page)** conversation starters for each week.

**Conclusion/finale/the end (2 pages):** Everyone will record what they most liked about doing journey as family, what will they continue (new traditions, favorite memory from journey . . .) Will also have an email address to send in their stories and get more ideas.

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# RESET FOR KIDS & FAMILIES

## Week-by-week

### Week 1

**Objective:** Kids will discover that Jesus, although perfect, experienced life on earth much like we do.

**Bible verse/story:** And Jesus grew in wisdom and stature, and in favor with God and men. Luke 2:52

**Teaching Ideas:** Pictures: "did Jesus do this?" In small group have things kids can handle. Ask how they use these in their life, and then ask how these objects may have been used in Jesus life. (Ex's: straw, hammer, stone, marbles, tree)

### **Family Guide:**

- Picture of outside – Prompts: If you were outside and Jesus walked up to you, where would you want to go with him? What games would you like to play with Jesus? What would you like to show him? What do you think he'd enjoy doing with you?
- Talk with kids about how they are growing – identify how they've grown in past week, month, year (encouraging); challenge – read story of Jesus as boy at the temple in book of Luke – how was he like you, how was he different?
- What if Jesus came to your house, what would you do together?
- What if you were a carpenter, what would you make and why?

### Week 2

**Objective:** Kids will experience how Jesus was unfair, and how that's a good thing.

**Bible verse/story:** Levi's banquet Luke 5:29-32

**Teaching Ideas:** Do unexpected things—positive unexpected things—where grace is randomly given. Pictures of "is this fair?" – to help kids identify the concept of fair/unfair.

### **Family Guide:**

- Picture: Drawing of table with outline of person. Prompts – you've been invited to dinner with Jesus and you can bring some people with you. Who would you invite? Draw a picture of an "unexpected" guest. Someone who may not seem like the kind of person people would expect to hang out with Jesus. How are other people around the table reacting to this guest?
- Extend grace this week. When you want to get mad, extend grace instead. Talk about it.
- What if you could do something crazy unfair (good unfair) for someone, what would you do and how do you think they would react?
- What if you were a parent, what would you do to surprise your kids?

### **Week 3**

**Objective:** Kids will give Jesus authority in every part of their life.

**Bible verse/story:** Mary and Martha. Luke 10:38-42

**Teaching Ideas:** Pictures of Cincinnati area where our kids might be - "Is God in Control?" How can you give God control in these situations? Help them come up with strategies for allowing God to be in control over every part of their life.

#### **Family Guide:**

- Picture: Empty Box – draw things in the box that have authority over you – put it in box so it doesn't get in way of you and Jesus. Additional challenge – bring items that you think are important in your life or in others in your family's life. Put them on the box. What can you do to put them "away" so they don't control your life?
- As a family, take turns telling what you think are important things in each other's life – is that what is really important? If kids identify it as important, it might have more significance than you'd like.
- What if you had to leave your house really quickly, what three things would you take with you?
- What if you had a million dollars, what would you spend it on?

### **Week 4**

**Objective:** Kids will run toward Jesus knowing that he accepts them just the way they are.

**Bible verse/story:** But Jesus asked the children to come to him. "Let the little children come to me," he said. "Don't keep them away. God's kingdom belongs to people like them. What I'm about to tell you is true. Anyone who will not receive God's kingdom like a little child will never enter it." Luke 18:16 NIV

**Teaching Ideas:** "Does Jesus love you when..." (show pictures of both positive and negative situations) so they understand that Jesus accepts them NOW just the way they are.

#### **Family Guide:**

- Picture: Picture of a pool and a diving board. Prompts – draw Jesus in the pool. Imagine that you are running off the board to him. What would Jesus' face look like as you ran to him? What would you do as you jumped off the board – a cannon ball, would you hold your nose . . .?" How would you feel?
- Kids understand the love of Jesus often through the unconditional love of their parents. How can you extend unconditional love to your child this week?
- What if you could ask Jesus one question, what would it be?
- What if you received an exciting award, what would you win?

## **Week 5**

**Objective:** Kids will engage in prayer in unexpected ways.

**Bible verse/story:** Several examples of people in Bible praying. The sick woman: Luke 8:40-48; The blind man: Luke 18:35-43; Leper: Luke 5:12-15; Mt. of Olives Luke 22:49-44; Ask, Seek, Knock: Luke 11:9-10

**Teaching Ideas:** Praise, Repent, Ask, Yield; Prayer experience in rooms; Dissolving paper. Pictures "Is this prayer" (pictures of people doing all kinds of things which could be prayer)

### **Family Guide:**

- Picture – draw a special place where you can go to talk to God. What will you take with you? Where will you sit? What sounds will you hear as you sit there?
- Prayer box – put box on table and have kids put prayers in – pray for them during day.
- You can pray anywhere at any time. But it's nice to have a special place where you can go to talk to and listen to God.
- What if you traded places with a family member for a day, who would you trade with and why?
- What if you had a super power, what would it be and how would you use it?

## **Week 6**

**Objective:** Kids will identify somewhere God is at work and plan a specific way they can join that team.

**Bible verse/story:** Friends take their paralyzed friend to Jesus. Luke 5:17-26

**Teaching Ideas:** Pictures of people being the church – "Is God working here?" Kids will do a team activity – something they could not do alone (puzzle activity), or maybe a few activities where everyone has a role and you can't do it alone.

### **Family Guide:**

- Picture of outlines of a few people. Prompts – draw a team that you would like to be a part of. What part do you play on the team? Who is on your team? What are things your team can do together that you could not do alone? Team is group of people working on common goal – not just sports team.
- God created us to live in community. Who is your community? Who helps you? Who do you help? Plan something fun to do together as a team – a family. Work out the planning together. Where will you go and what will you do?
- What if you were a coach and could take your team anywhere – where would you go and what would you do?
- What if you were a part of the human body – what part would you be?